

<p><b>Together for Parkinson's – specialising care, improving life</b> <b>3-day training in Luxembourg</b></p>
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Dear all,

Currently, over 1000 people in Luxembourg live with Parkinson's disease (PD), a number expected to have doubled by 2040. PD is characterised by a multitude of symptoms that vary from patient to patient and is frequently associated to comorbidities. In order to guarantee a high standard of care for these specific patients, up to 19 different healthcare professionals have to work hand-in-hand in a multidisciplinary team.

In order to facilitate this important cooperation, ParkinsonNet Luxembourg has been implemented in 2018 based on a Dutch model. ParkinsonNet is an integrated healthcare model creating a patient-centered care by training healthcare providers on how to specifically treat people with Parkinson's disease (PwPD) and by facilitating communication between the different healthcare disciplines around an individual patient. This allows PwPD to choose accredited specialists. The current 40 ParkinsonNet members, composed of occupational therapists, physiotherapists and speech and language therapists that have started their specialisation in 2018, report an increase in experience but also a higher work satisfaction.

ParkinsonNet Luxembourg has submitted an application to become one of the future *réseau de compétences* recently announced by the Ministry of Health. Centre Hospitalier de Luxembourg, Hôpitaux Robert Schuman, Centre Hospitalier Emile Mayrisch and Centre Hospitalier du Nord recently announced their willingness to support and participate in this *réseau de compétences*.

**We are pleased to announce** that ParkinsonNet Luxembourg takes the next step: the 2<sup>nd</sup> 3-Day Basic Course Training together with **international experts** from the Netherlands will take place on **16 - 18 June 2020 at the Maison du Savoir on Campus Belval, Esch-sur-Alzette**. The course will be open to the following disciplines:

- physiotherapists
- occupational therapists
- speech and language therapists
- social workers
- dieticians
- (neuro-)psychologists

By joining ParkinsonNet Luxembourg and following the continuing training, you will gain a **highly specialised and practice-oriented expertise**, which will distinguish you as a **specialist in treatment and care of Parkinson's** in Luxembourg.

**Become a member of ParkinsonNet Luxembourg and help to improve  
the quality of life of PwPD!**

Registration fee for this 3-day training (please find a draft agenda below; day 1: multidisciplinary training; day 2-3: specialised training per discipline) is **120 €**. The annual membership fee amounts to **40 €**.

As the number of places is **limited**, a **selection to enter the training** will be done based on:

- The **demographical and geographical needs** of the Luxembourgish PwPD.
- The Luxembourgish PwPD's needs of therapists in **different working environments** (hospital, self-employed, ...).
- **Experience in the treatment of Parkinson's** will be seen as an asset but not a must.
- In case of a high number of applications, a further selection will be made based on **interviews**.

Criteria healthcare professionals have to agree to before joining ParkinsonNet Luxembourg:

- Willingness to take an **active part in the exchanges** in the multi- and interdisciplinary network of ParkinsonNet. Have a high degree of responsiveness to the different ways of communication (ex. exchanges via email).
- Willingness to work according to the **evidence-based guidelines**.
- The ParkinsonNet membership is **personal** and does not extend to the group or corporation that the member works for (e.g. group practice, care network, hospital).
- **Your name and work address will be publicly announced** on the ParkinsonNet website (therefore accessible to health professionals, prescribers and the general public).
- As the primary communication language of ParkinsonNet Luxembourg is English, a **proficient understanding and speaking of English** are required.

Criteria that need to be met to stay member of ParkinsonNet Luxembourg:

- Willingness to take an **active part in the exchanges** in the multi- and interdisciplinary network of ParkinsonNet. Have a high degree of responsiveness to the different ways of communication (ex. exchanges via email).
- Participation in the **continuous training** offered by ParkinsonNet. Minimum participation quota in training events over two years is 80% unless an exception has been granted by the steering committee of ParkinsonNet Luxembourg.
- **Presenting at least once every two years a case** in a monodisciplinary or multidisciplinary event.
- Participation in ParkinsonNet **evaluation** processes.
- Each member needs to indicate the **number of Parkinson's patients** of which he/she is taking care of in a transparent manner.
- Actively **sharing knowledge** and information with your peers.
- Being aware that if criteria are not satisfactorily fulfilled, ParkinsonNet membership will expire.

## ParkinsonNet Entry-Level Course: Agenda

The following agenda is a draft version and speakers and titles of the different workshops might still change.

The ParkinsonNet Entry-Level Course has received an **agrément** as continuous education program by the Ministry of Health.

**Abbreviation:** SLT= speech and language therapy; OT= occupational therapy; PT= physical therapy; SW= social work; SLP= speech and language pathology; NL: Netherlands; PD: Parkinson's Disease

### Draft agenda for day 1 (16.06.2020)

Multidisciplinary day: identical for all disciplines

Time	Speaker	Topic
10:00 – 10:30		<i>Registration</i>
10:30 – 11:15	Neurologist	Welcome and introduction to ParkinsonNet
11:15 – 12:00	Neurologist	Motor and non-motor symptoms in Parkinson's disease (part 1)
12:00 – 13:00		<i>Lunch Break</i>
13:00 – 14:30	Neurologist	Motor and non-motor symptoms in Parkinson's disease (part 2)
14:30 – 15:15	Neurologist	Medication and advanced treatment in Parkinson's disease
15:15 – 15:45		<i>Break</i>
15:45 – 17:00	Trainers from ParkinsonNet Luxembourg and ParkinsonNet NL	Multidisciplinary care
17:00 – 17:30		ParkinsonNet Luxembourg and wrap up

### Learning outcomes:

- Understanding of the ParkinsonNet network (aims and methods)
- Recognition of the most important motor and non-motor symptoms of Parkinson's disease (PD)
- Understanding the impact of PD on health and quality of life
- Typical versus atypical PD
- Recognition of side effects of medication
- Description of the interaction between proteins and levodopa
- Understanding of the indications and contra-indications for advanced therapy
- Understanding of what the individual disciplines can offer to a Parkinson patient or caregiver

## Draft agenda for day 2 (17.06.2020)

	<b>SLT</b> <i>By Carole Simon, Sylvia Herbrink and Hanneke Kalf</i>	<b>OT</b> <i>By Nicole Colson and Ingrid Sturkenboom</i>	<b>PT</b> <i>By Mariella Graziano and Maarten Nijkrake</i>	<b>SW</b> <i>By Colin van der</i>	<b>Psychologists</b> <i>By ParkinsonNet NL</i>	<b>Dieticians</b> <i>By Karin Overbeek</i>
08:30 – 09:00	<b>Registration</b>					
09:00 – 10:30	Introduction to the SLP guideline and SLP program; comparison experience NL vs. Luxembourg	Introduction Identifying occupational issues of the person with PD and the caregiver	Understanding & using the <i>European Physiotherapy Guideline for PD</i> Experience in Luxembourg	The added value of psychological care and social workers for people with PD	Cognitive impairments, neuropsychiatric pathology, psychosocial aspects	Meet the dietician The origin of PD Levodopa intake Levodopa and protein
10:30 – 11:00	<b>Break</b>					
11:00 – 12:30	Assessment of hypokinetic dysarthria in PD	Observation of occupational performance	History taking & physical examination	Your own plan of action	Interview with patients/ PD association /discussion	Gastro-intestinal problems and intake of medication
12:30 – 13:30	<b>Lunch Break</b>					
13:30 – 15:00	Treatment of hypokinetic dysarthria part 1	Theory intervention options	Practice measurement tools	Dutch project 'Psychological care in the picture'/ Differences and common grounds with medical psychology	Signaling, referring and collaboration within the network	Problems with swallowing and PD Weight problems
15:00 – 15:30	<b>Break and walk over</b>					
15:30 – 16:30	<b>Multidisciplinary team in action</b>					
16:30 – 17:00	<b>Meet &amp; greet</b>					

SLT <i>By Carole Simon, Sylvia Herbrink and Hanneke Kalf</i>		OT <i>By Nicole Colson and Ingrid Sturkenboom</i>	PT <i>By Mariella Graziano and Maarten Nijkrake</i>	SW <i>By ParkinsonNet NL</i>	Psychologists <i>By ParkinsonNet NL</i>	Dieticians <i>By Karin Overbeek</i>
08:30 – 09:00		Registration				
09:00 – 09:45	Treatment of hypokinetic dysarthria part 2	Compensatory strategies: Theory cueing & sequencing (OT/PT together)		Care for care takers	Introduction and attention for the cognitive and behavioral consequences	PD in your practice
09:45 – 11:00	Assessment and treatment of hypokinetic dysphagia	Practice application of strategies in activities	Patient demonstration cueing & sequencing			
11:00 – 11:30		Break				
11:30 – 13:00	Assessment and treatment of drooling in PD	Tremor-related interventions Designing an OT treatment plan (based on video case)	Exercise & Practice: what, how and when	Case study social workers and OT	Emotional consequences for patient and partner	Response fluctuations and protein
13:00 – 14:00		Lunch Break				
14:00 – 15:30	Feedback & discussion based on input (video and cases) by participants	Practice assessment and treatment planning in PwPD (based on live cases)	Postural deformities Motor learning in PwPD	Case study brought in by participants	Sexological aspects in PD	Case study
15:30 – 16:00		Break				
16:00 – 17:00	Feedback & discussion based on input (video and cases) by participants	Feedback & discussion based on input (video and cases) by participants	Cases: PIF and complex cueing cases	Your own elevator pitch	Case Study	Information about being a ParkinsonNet health care professional/ Case Study
17:00 – 17:15	Walk over					
17:15 – 17:45	Wrap up					

### **Learning outcomes for day 2 and 3:**

Learning outcomes differ for each discipline, but in general, all workshops are practically oriented and based on evidence-based guidelines. A common learning outcome is also why a multidisciplinary team is required for the care of PD patients and how such teams can function.

## **How to register for the ParkinsonNet Entry-Level Course?**

If you wish to participate, please send your application including the filled in **form** (next page) to the ParkinsonNet Luxembourg team via email ([info@parkinsonnet.lu](mailto:info@parkinsonnet.lu)), fax (+352 46664436286) or via post (address at the end of the form) until **31<sup>st</sup> of March 2020**.



Joëlle Penny-Fritz, PhD

On behalf of the ParkinsonNet Luxembourg team

**Application form for the ParkinsonNet training in June 2020**

**Name:** \_\_\_\_\_

**First name:** \_\_\_\_\_

**Profession:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Education and degree:**

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**PD / neurology related trainings (formations):**

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**Work experience / former workplaces:**

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**Current work place (please indicate in % for each working place how much of your working time you spend in your different working environments):**

☐ Practice \_\_\_\_% ☐ Hospital \_\_\_\_% ☐ Nursing home \_\_\_\_%

☐ Rehabilitation centre \_\_\_\_% ☐ Others \_\_\_\_\_ %

**Do you do home visits?** ☐ Yes ☐ No

**Workplace address(es):**

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**How many PwPD do you treat per year?**

☐ 0      ☐ 1-5      ☐ 5-10      ☐ >10

Fill in the next question only if you checked „0“ in the previous question:

Do you plan to treat PwPD in the future?

☐ Yes      ☐ No

**Which languages do you speak?**

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**Explain in a few sentences your motivation to join ParkinsonNet Luxembourg:**

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**Please send this form to:**

by mail:

or

by email or fax:

ParkinsonNet Luxembourg  
Université du Luxembourg  
Luxembourg Centre for Systems Biomedicine  
Biotech II 0.05  
6, avenue du Swing  
L- 4367 Belvaux

**Email:** [info@parkinsonnet.lu](mailto:info@parkinsonnet.lu)  
**Fax:** +352 466644 36286

For further information or if you have any questions, please contact the ParkinsonNet Luxembourg coordination team. Email: [info@parkinsonnet.lu](mailto:info@parkinsonnet.lu); Tel: +352 4411 6635